

# the apple pushers

## DISCUSSION QUESTIONS FOR THE APPLE PUSHERS

1. What is a food desert? Why is there a lack of fresh produce in "food desert" areas?
2. Why are low income areas suffering from disproportionate rates of obesity and diabetes?
3. The film talked about the stigma and inaccurate assumption that people in low income communities don't want to eat fresh fruits and vegetables– where else can this be seen and how can that be dealt with?
4. If children and families in food deserts are given access to fresh produce, will they buy it?
5. How can the messages in this film be transferred to tackling obesity elsewhere?
6. Can entrepreneurship help to solve the food desert problem? If so, how?
7. What does a green cart mean to a community when it arrives (in a food desert)?
8. What might be some potential for youth, who may or may not live in food deserts, to help bridge the gap and bring resources into those communities?
9. What are some of the bureaucratic obstacles for the urban agriculture movement?
10. Do you think this is a project that could be duplicated in other cities?
11. What role does food irradiation and food spoilage play?
12. What policy changes do you think are necessary to make fruits and vegetables more accessible?
13. There was an article last week in the New York Times that said that food deserts aren't real...that access isn't a factor in obesity. Is this issue real?
14. Are there opportunities for vendors to bring in low cost fruits and vegetables to schools?
15. Do you think the problem would be solved (or helped) if people cooked at home more?
16. What policy changes do you think are necessary to make fruits and vegetables more accessible?